

Birgitta Trail

Natural
beauty in Lempäälä



Trekking map
for every
hiker

Lempäälä

The Birgitta Trail

is a 50km long trekking route in the municipality of Lempäälä. The route was officially opened in 1997, and it was selected the best trekking route in Finland in 2006. The route was named after the noble landmark of Lempäälä, the 500-year-old St Birgitta Memorial Church of Lempäälä.

The Birgitta Trail offers wonderful opportunities for both a short stroll and longer hikes. You can choose both the starting point and the length of the hike according to your own preferences. There are attractive route options for families with small children as well as the most demanding hikers.

There are ample possibilities for taking a pause and making a campfire along the path, including huts and Finnish laavus, lean-tos, for overnight camping. The Birgitta Trail is located in private owned forests. The route offers a variety of stony and smooth paths, thick forest and clear-cut areas, as well as grassy areas and jogging paths covered in sawdust. Several duckboards and footbridges facilitate trekking in the moist areas of ground. The path is well signposted.

Guides and activities along the route:

Green Trail (Vihreä Polku)

Outings, treks, and canoeing trips at the Merunlahti nature activity centre. Summer theatre.

Koipitaipaleentie 150, Sääksjärvi, Finland
tel. +358 40 760 0172
info@vihreapolku.fi
www.vihreapolku.com

Ecoscout Oy

Hiking and outdoor events with instructed activities as well as equipment for hire.

Matti Lehtomäki
Vanha Hervannantie 221
33870 Tampere, Finland
tel. +358 40 573 1660
mattilehtomaki@outlook.com

Piellokas Oy

Canoeing, rock climbing, rappelling and snowshoe hikes. Nature and adventure trips, cultural activities, geocaching and gold panning.

Erkki Penttilä
Tikinmaantie 65, 37630 Valkeakoski, Finland
tel. +358 40 511 1294
info@piellokas.fi
www.piellokas.fi

Fishing at Kuokkalankoski rapids

Information on fishing opportunities in and around Lempäälä. Kuokkalankoski rapids are the most popular fishing grounds in Pirkanmaa region.

Reijo Sumanen, tel. +358 46 594 6755
www.kuokkalankosket.net



Welcome to hike on the Birgitta Trail!

The Birgitta Trail is 20-years old trekking route that goes through the typical Finnish forest and nature. The Birgitta Trail offers good possibilities for taking a pause and making a campfire along the path, including huts and Finnish laavus, lean-tos for overnight camping. For making a campfire You may use firewood in the shed. Please keep environment clean and take the carbage that cannot be burnt along with you.

- Birgitta Trail is well signposted with yellow markings.
- No winter maintenance, but some of the tracks are prepared for cross-country skiing.
- There is no water points on the trail, so we recommend taking bottles of tap water with you before setting off.
- You may use firewood in the sheds.
- Making fire is not allowed during forest fire warning.
- Please respect the nature and keep the environment clean!



Approximate distances

From Hakkari to Saarikonmäki	3.0 km
From Hakkari to Siisjärvi	3.3 km
From Siisjärvi to Ammejärvi	8.0 km
From Ammejärvi to Kaitajärvi	3.6 km
From Ammejärvi to Sääksjärvi	0.8 km
From Ammejärvi to Kirskaanniemi	7.6 km
From Kirskaanniemi to Soukonlahti	2.7 km
From Kirskaanniemi to Vähä-Riutta	7.7 km

Scale 1:30 000

From Vähä-Riutta to Vähä-Kausjärvi	5.2 km
From Vähä-Kausjärvi to Kynnärö	2.1 km
From Vähä-Kausjärvi to Paattakainen	4.8 km
From Paattakainen to Sarvikas	4.5 km
From Sarvikas to Hääkivi	3.9 km

Distance end points have been marked in the folded map by symbols:



Enjoy and experience Lempäälä town center



Lempäälä municipality center offers good services and some interesting attractions.

The St. Birgit Memorial Church, unique medieval church was built in grey stone at the beginning of the 16th century, Kirkkopolku 1.

Lempäälä Canal, beautiful scenery between lakes Vanajavesi and Pyhäjärvi, self-service canal, tel. +358 40 531 2786

Myllyranta

Quay for guest boats, park and event area, ice cream kiosk and minigolf, Kirkkopolku 13.

Cafés and restaurants

Bakery Café Ståhlberg,

Tampereentie 12, tel. +358 10 397 1604

Bistro Kynsilaukka, Vaihmalan Hovi, Vaihmalantie 144, tel. +358 20 766 1810

Café Siiri,

Uotintie 5, tel. +358 50 550 7070

Mamman keittiöstä, lunch restaurant, Tampereentie 10, tel. +358 40 779 9169

Mantunkulma Neste Oil,

café and restaurant, Manttaalitie 2, tel. +358 3 375 0010

Villihanhi, restaurant and tavern,

Tampereentie 4, tel. +358 3 375 1441

Kotipizza Lempäälä,

pizzeria and take away,

Himminpolku 1, tel. +358 3 375 2829

Lempäälä Pizza Kebab & Grill,

Tampereentie 19, tel. +358 50 464 2033

Pizzeria Kebab Palma,

Tampereentie 12, tel. +358 3 375 3829

Pizzeria Picasso

Tampereentie 2, tel. +358 45 616 5110

Grocery stores

K-market Lempäälä, supermarket, Tampereentie 18, tel. +358 3 375 0666

Lidl, grocery store,

Liikekatu 3, tel. +358 800 05435

S-market Lempäälä, supermarket,

Puistokatu 4, tel. +358 10 767 1410

Tokmanni, supermarket,

Tampereentie 2, tel. +358 300 472 122

R-kioski, grocery kiosk,

Tampereentie 25, tel. +358 50 452 3110

Accommodation

Lempäälä Health Spa, traditional treatments and accommodation, Uotintie 10, tel. +358 3 282 3111

Vaihmalan Hovi, unique rooms, camper van area and quay for guest boats, Vaihmalantie 144, tel. +358 20 766 1810



Cottages and farm accommodation

There are plenty of cottages and farm accommodation options in Lempäälä located only few kilometres from Birgitta Trail. More information: www.visitlempaala.fi and tel. +358 50 383 9068

Mail and bank services

Post office, S-market,

Puistokatu 4, tel. +358 10 767 1410

Aito Säästöpankki, Savings Bank, Himminpolku 1

OP TAMPERE,

Tampereentie 12, tel. +358 10 254 6011

Cashpoints

Puistokatu 4 and Tampereentie 18

Health centres

Lempäälä health clinic, Himminpolku 6, tel. +358 3 565 52 045, in the evenings and on weekends tel. +358 3 565 52 500

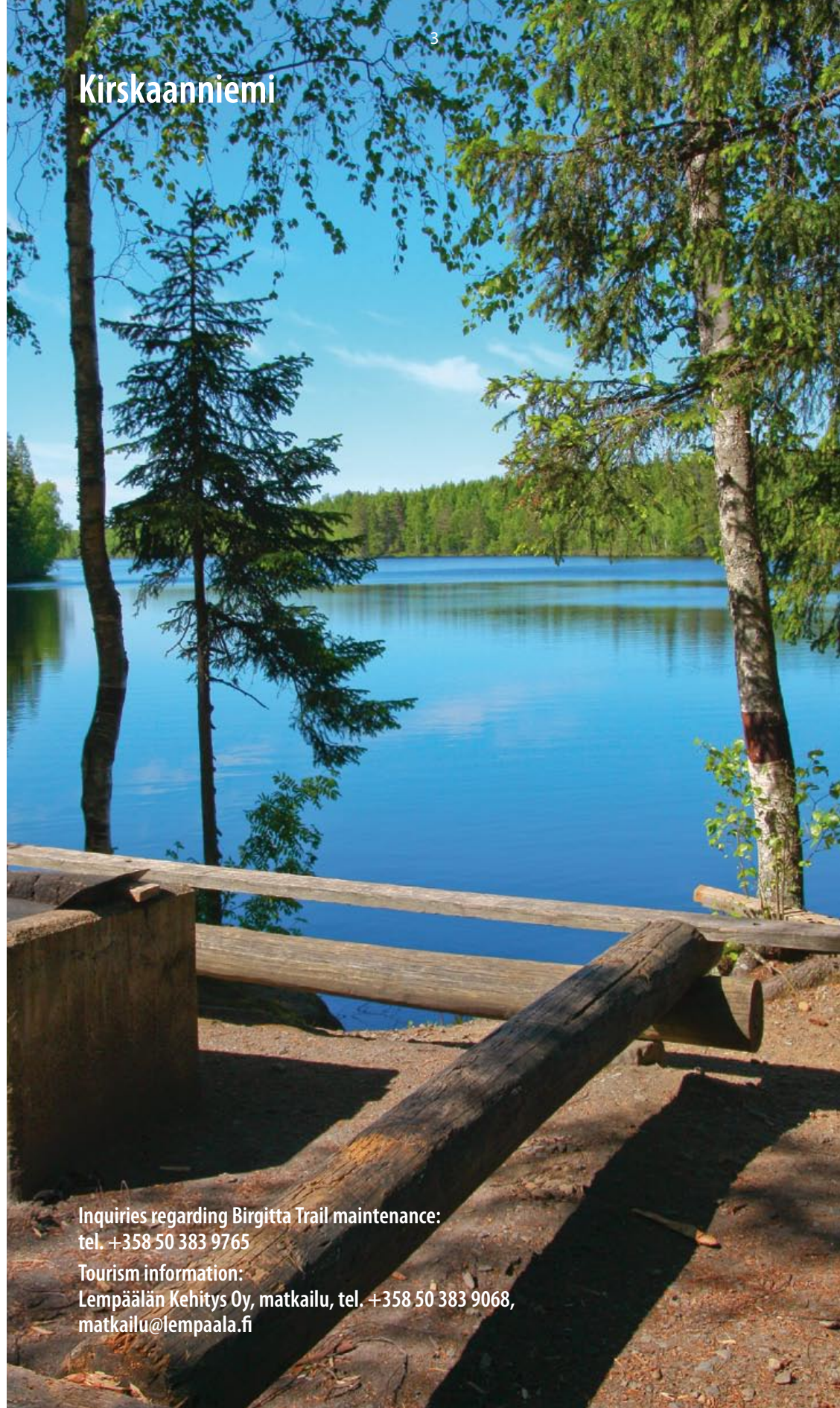
Lempäälän Lääkäriasema, private clinic,

Tampereentie 12 B, tel. +358 3 375 2006

Emergency number 112

In actual emergencies, dial 112 as soon as possible. The same emergency number 112 works in all EU countries. You can call the emergency number 112 free of charge from any phone with no need for an area code. You can also call 112 from a foreign mobile phone connection. You still won't need an area code, just dial 112.

Kirskanniemi



Inquiries regarding Birgitta Trail maintenance:
tel. +358 50 383 9765

Tourism information:

Lempäälän Kehitys Oy, matkailu, tel. +358 50 383 9068,
matkailu@lempaala.fi

Make a detour to Ideapark shopping centre



Ideapark is one of the largest malls in Finland that reinvented the concept of a shopping centre. The city-like network of shops and restaurants under one roof provides unequalled opportunities for the whole family to have fun. The unique setting, international brands, restaurants, and services specifically targeted for children are easily reached by car or public transport.

- 100 000 m² of ideas and experiences
- More than 150 shops and boutiques, restaurants, and cafés
- All under one roof, warm and cosy
- 1.2 km of shopping street
- Parking lot for more than 4000 cars
- Central Park that hosts a variety of events
- Charming Old Town
- Ideapark Sport



Further information:
 Ideapark Information
 info@ideapark.fi
 p. 0290 90 2014

Zones by Särkänniemi



The most attractive new amusement centre in Ideapark mall!
 Ideaparkinkatu 4
 37570 Lempäälä
 tel. +358 207 310 500
 info@zonesbysarkanniemi.fi
 www.zonesbysarkanniemi.fi



Legend

- Strenuous
- Moderate
- Easy
- Canoeing route; by Katepal facilities, the canoe has to be carried over the dam
- I a class motorway, road number
- I b class road, single or dual-carriage road
- II a and b class, double-lane road motor traffic area
- III a and b class, single-lane road
- Drive
- Trafficable path
- Path
- Railway, electrified
non-electrified
- Power line, transformer, power pole
- Public, commercial, residential, and agricultural buildings
- Bell tower, monument
- Industrial buildings and warehouses
- Water tower, smokestack, mast
- Index contour (20 m)
Supplemental contour (10 m and 5 m)
Auxiliary contour (2.5 m)
Cliff, slope
- Boundary of a plot
- Arable land, garden
- Meadow, park
- Gravel pit, peat production area
- Quarry, boulder deposit, cobble deposit, bare sand
- Exposed bedrock, rock, tree, significant natural object, ancient relic
- Paludified area
- Marsh, easy to traverse: treeless, forested
- Marsh, difficult to traverse: treeless, forested
- Coniferous -, mixed - and deciduous forest, brush
- Shoreline
- Reliction
- Shallows, stones, rocks
- River, width over 5 m, rapids, dam
- Brook or ditch, width 5 to 2 m
- Brook or ditch, less than 5 m wide, spring
- Triangulation point, levelling benchmark
- Laavu (lean-to)
- Hut
- Lean-to cabin
- Lodgings that require booking
- Campfire site
- Toilet
- For the disabled, assistant required
- Café
- Information board
- Observation tower
- Golf course
- Quay
- Accommodation
- Horseback riding
- Parking

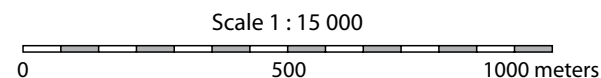
Distance end points have been marked in the folded map by symbols:



In brochure maps 1 cm on the map equals 150 m on the ground.

Note: The folded map has a scale of 1:30 000 and 1 cm equals 300 m on the ground.

Source: Maanmittauslaitos, 2017



Starting point: Hakkari sports hall

Hakkari sports hall

At the versatile Hakkari sports centre you will find a sports hall, gym, well-lit ski track, tennis courts, and an athletics field. The hall in the sports centre is also ideal for various types of events and trade fairs.

The café is open during events.

Ahertajantie 3, 37550 Lempäälä, Finland
tel. +358 50 383 9626,

Lempäälän jäähalli Oy, Masku-Areena ice hall

The Lempäälä ice hall is located close to the Hakkari sports centre.

Urheilukatu 5, 37550 Lempäälä, Finland
tel. +358 44 240 2165

lempaalanjaahalli@gmail.fi
www.lempaalanjaahalli.fi

Kuokkala cultural venue

Museums

Several charming little museums such as the trade museum and barber museum offer nostalgia to those interested in history. The museums are open in the summer.

Tel. (during opening times) +358 3 375 2643
Inquiries can also be directed to
talvikki.torppa@lempaala.fi,
tel. +358 50 383 9613.



Villa Hakkari

A gastronomic oasis, the manor restaurant Villa Hakkari is only a stone's throw away from the museums. Open in summer time and december, otherwise on request only. Kuokkalantie 5, 37550 Lempäälä, Finland
tel. +358 10 325 3091
ravintola@villahakkari.fi
www.villahakkari.fi



Arboretum

The arboretum in the parks surrounding Villa Hakkari is a delightful place for the whole family to visit.

Open-air theatre

In the summer, there is an open-air theatre at the Kuokkala cultural venue. Check the show times in the event calendar at www.lempaala.fi or on the Lempäälän Nuorisoseura youth association site at www.nuorisoseura.fi.

Summer sheep

In the summer time, sheep graze on the Sarapisto area where they maintain the meadows around the ancient relic site. These season workers are a joy to watch and stroke. The sheep fold can be seen from the road in the direction of Pirkkala municipality from Villa Hakkari. There's also an information board with information regarding the meadows (in Finnish) on the side of the fold by the road.

Other services

Neste Lempäälä Kuokkala service station Scan Burger and Cafe

A filling station about a kilometre from the Birgitta Trail starting area. In addition to fuel, you can also restock on groceries for the trek. Pirkkalantie 2, 37550 Lempäälä, Finland
tel. +358 3 375 2402

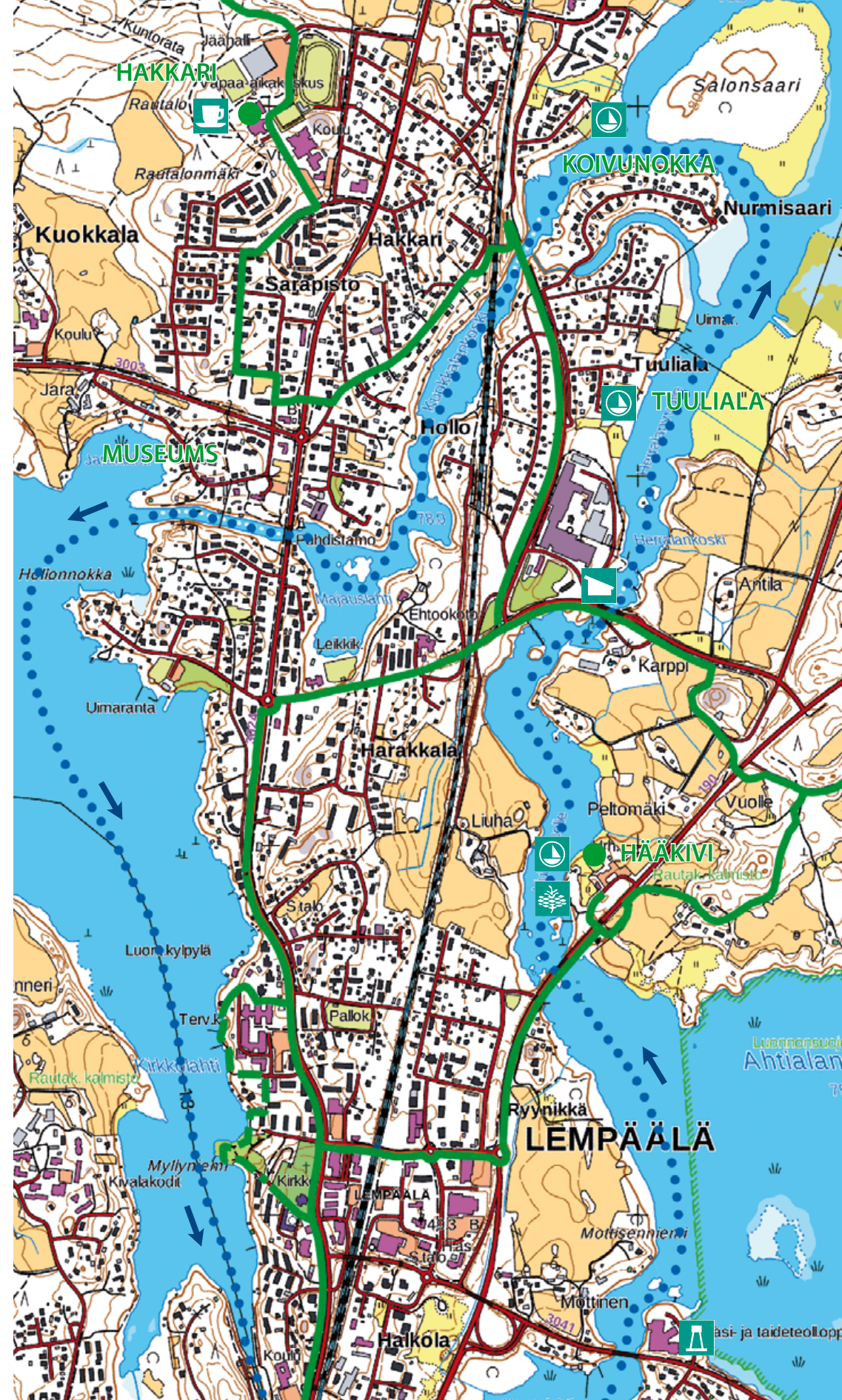
Koskikellujat

Floating on the foams of the Kuokkalankoski rapids. Taxi boat services and other water activities are also available.
tel. +358 40 717 1412
koskikellujat@koskikellujat.fi
www.koskikellujat.fi

Grocery stores

Sale Hakkari
Pirkkalantie 1
tel. +358 10 767 2200

K-Market Vanattara
Vanattarantie 2
tel. +358 20 700 4610





Important information on laavus and campfire sites

Laavus are available for anyone to use. They cannot be booked in advance unless stated otherwise in the destination specific information. There are also a few laavus and huts along the Birgitta Trail that can be booked in advance. These are subject to charge. No maintenance during winter time.

There is no toilet paper in the outside toilets. Remember to bring your own!

There is no drinking water available along the trail. Please, take enough water with you.

You can ensure that you and other hikers enjoy your nature adventure by following these instructions:

- Please take the carbage that cannot be burnt along with you.
- Remember to clean up after yourself.
- Use the provided firewood.
- Do not cut trees or branches for firewood.
- Only make a fire on the designated campfire sites.
- When a forest fire warning is in force, do not make an open fire even on the designated campfire sites.
- Please note that you can only swim along the route at your own risk.
- Always follow the general instructions and regulations concerning acceptable conduct in the nature.

The Saarikonmäki laavu lean-to

There is a campfire site with firewood and an outside toilet at the Saarikonmäki laavu. This leg of the route is ideal for families.

The road to Saarikonmäki is surrounded by the best hazel bushes in Lempäälä. Dozens of hazel bushes, large and small, grow among the spruces.

For different types of groups, such as small children or disabled, it is more comfortable to arrive at lean-to by car. Please note, that if you wish to do so, there is a closed gate on the forest road. You will need a key to open the gate, instructions for borrowing the key are below.

Key available:

- during working days 8:30 am to 3:30 pm from Lempäälä Service Point Tampereentie 8, tel. +358 40 133 7300, (Please note that Service Point is closed during July)
- after 3.30 pm on working days and during weekends the key is available from Hakkari Sports hall Ahertajantie 3, tel. +35850 383 9626.

Please make a reservation via phone by calling to the numbers above before collecting the key.

Inquiries regarding Birgitta Trail maintenance: tel. +358 50 383 9765.

Siisjärvi

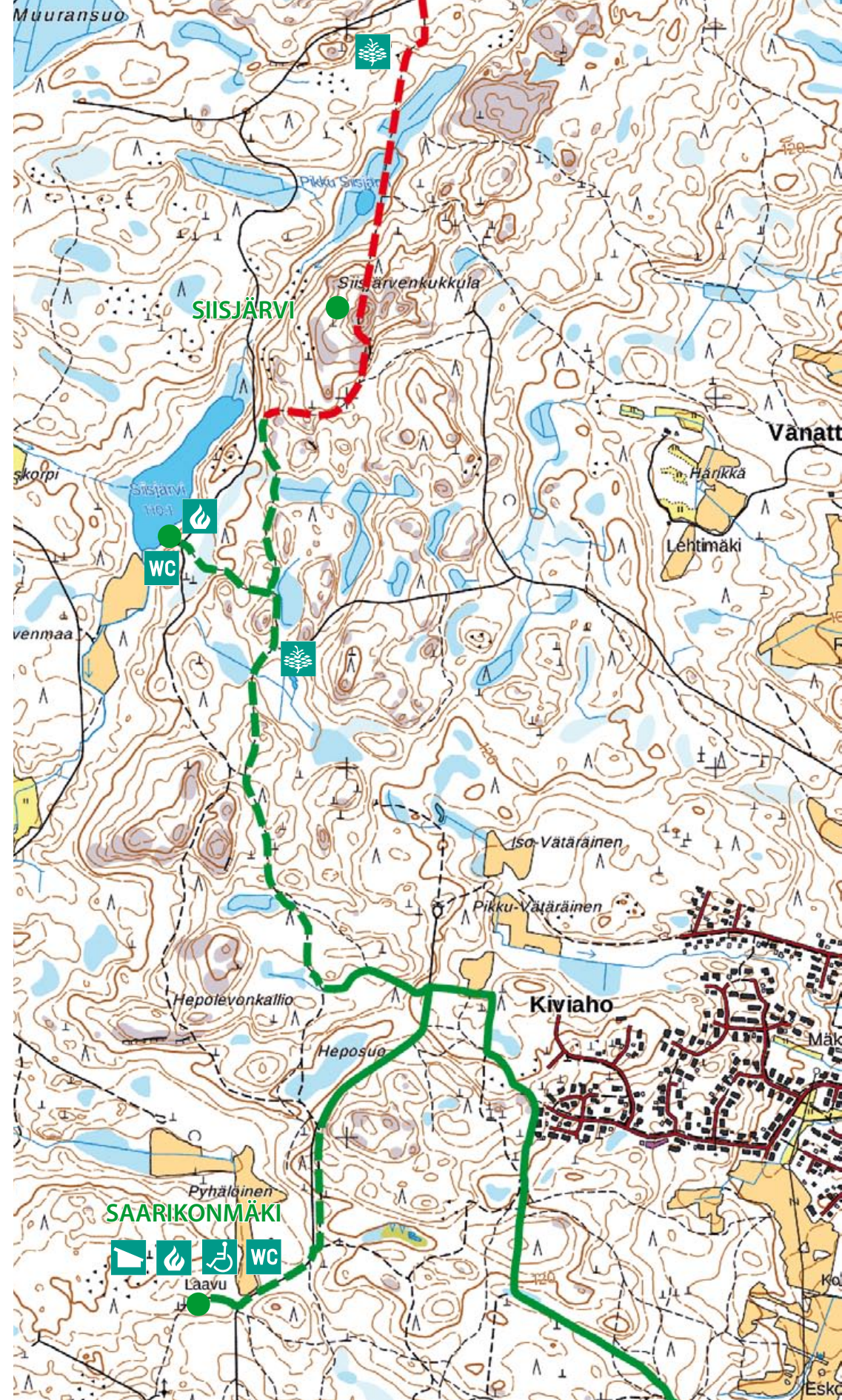
A wonderful vantage point to relax and enjoy the lovely view.

Due to high steep hills and varied terrain, the Siisjärvi area is not recommended for small children.

There is a campfire site for taking a break on the attractive shores of the lake Siisjärvi. The beautiful rock vegetation is very fragile. Please leave it intact for other hikers to admire as well!

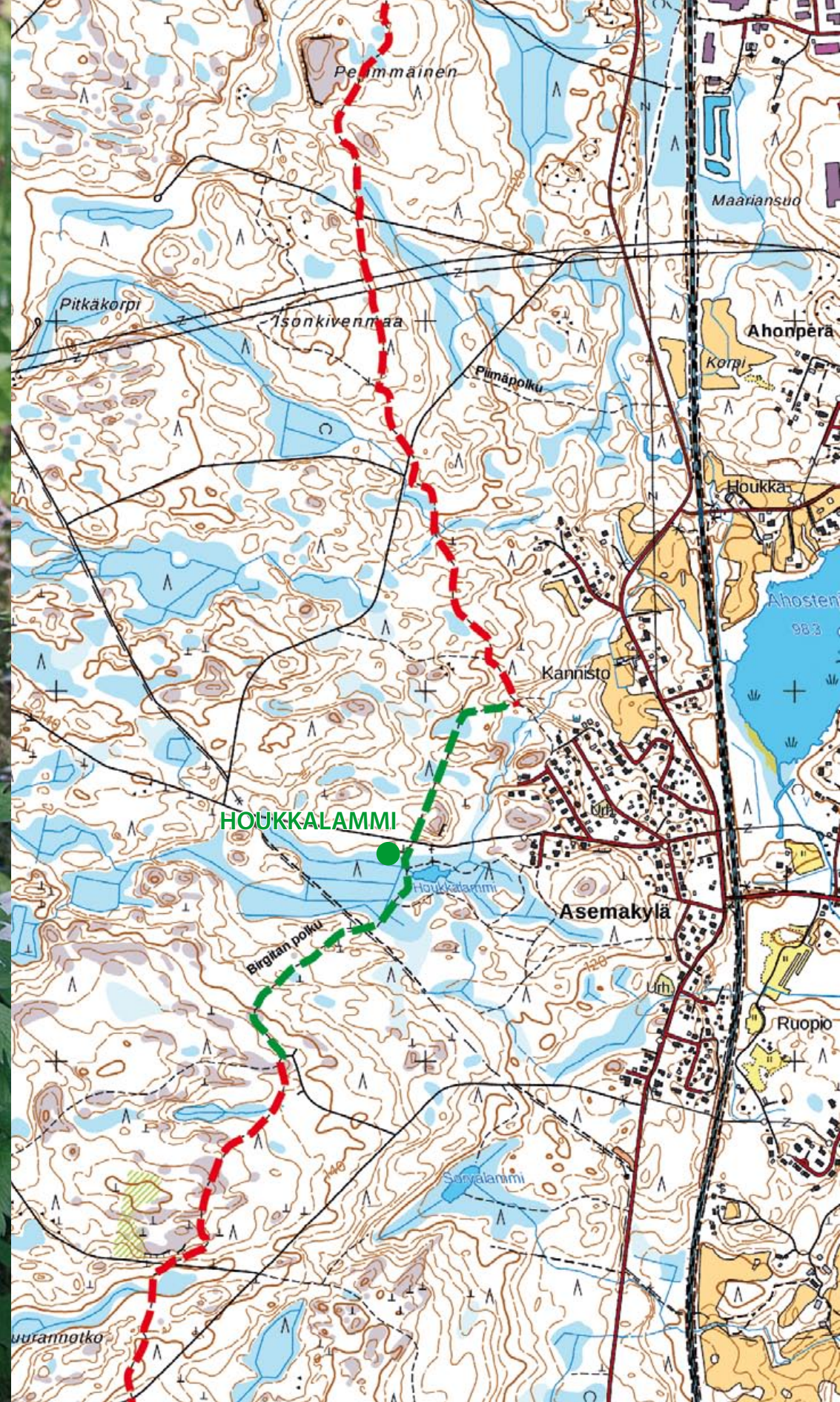
In the northern parts of Lempäälä, the trail is often very stony. In many places, the rocks and boulders form large stony areas called "the Devil's fields" (pirunpelto).

There are a few small swamp areas along the route.



This part of the route mostly comprises wilderness. Therefore, it may prove too challenging for children. The stony woodlands and the different stages of growth on previously clear-cut areas along the route are worth paying attention to. There are also small and luxuriant groves along the trail with flourishing anemone hepatica and wood anemone as well as small lime trees.

In the northernmost part of the area the trail passes by some primeval forest areas. The area is protected to preserve the species found in the primeval forests of Lempäälä.



Kaitajärvi hut

A hut heated with a wood stove for about 12 people. Outside toilet, two campfire sites, and firewood. A jetty makes it easy to take a swim in the lake - providing, of course, that you can swim. It is very interesting to listen to and watch the variety of birds along the trail. However, please remember not to disturb the birds.

The Kaitajärvi hut is also ideal for families. Families are advised to start the trek by the railway bridge at Sääksjärvi, at the crossroads of Sääksjärventie and Kannistontie. There is a signpost that reads Ammejärvi 0,8 km, Höytämö 3,7 km there.

The path from Ammejärvi to Kaitajärvi is clearly signposted.



Ammejärvi

Destination is suitable for families and small children.

A laavu, outside toilet, and two campfire sites with firewood are located by the lake Ammejärvi.

There has recently been some harvesting in this area.

All the lakes along the trail in this area have developed in the same way in bedrock depressions.

Sääksjärvi area

This is the leg where you can restock on provisions and get other supplies. It is also a convenient area for families to start a trek. There is a parking lot reserved for hikers at the crossroads of Sääksjärventie and Kannistontie.

The following services are within easy reach of this leg:

Sääksjärven Apteekki pharmacy Ikioma S-market business centre, Tampereentie 453, 33880 Lempäälä tel. +358 3 367 0480

Athletics field, lit ski track

S-market Sääksjärvi, grocery store, Lempäälä Tampereentie 453, 33880 Lempäälä 010 76 71710

Sääksjärvi business centre Pitkäähteentie 1 33880 Lempäälä

Sääksjärvi library
tel. +358 40 133 7395

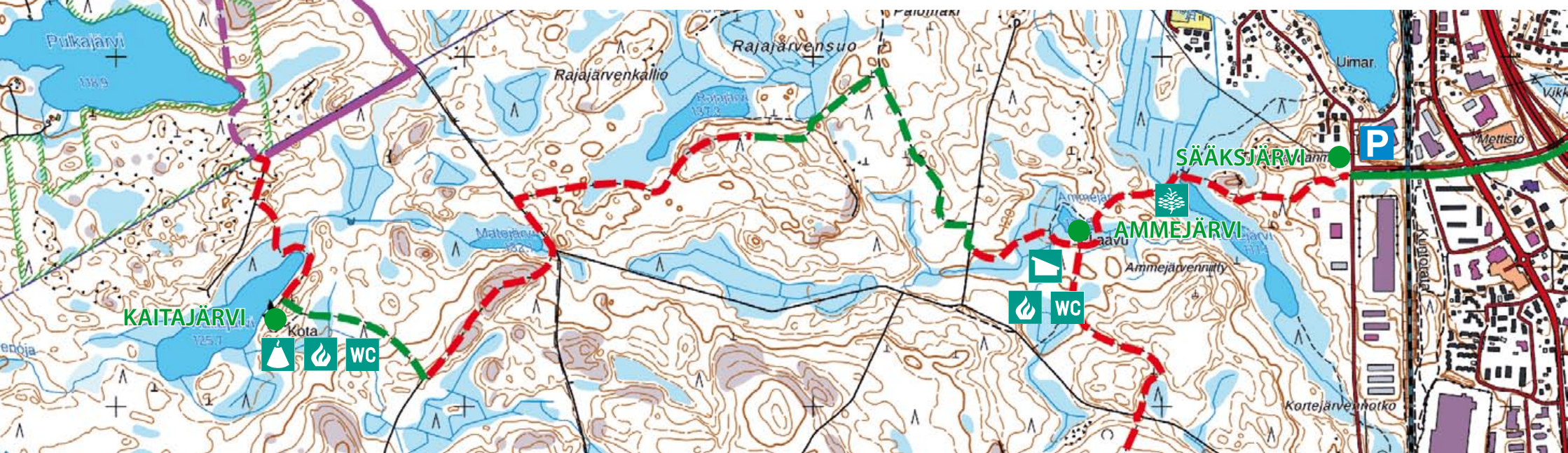
Sääksjärven Lounaskahvila
tel. +358 3 410 230 38

Sääksjärven Pizza-kebab
tel. +358 3 367 0711

Pub Sääksville
tel. +358 10 420 6111

In the eastward direction, the trail goes around the Lehtivuori hill. The top of the hill was above the post-glacial sea level. Therefore, the vegetation on the top of the hill is exceptionally lush. In the forest on the south face of the hill you will find an extraordinary formation called the Cave of Hirvi-Simuna, named after a local hunter.

There has recently been some harvesting in this area.



Kirkaanniemi

A wonderful vantage point to admire possibly the most beautiful lake scenery you will encounter along the trail. A laavu, four campfire sites with firewood, two tables and bench groups, and two outside toilets.

A popular place for fishing and swimming, this is also suitable for families except for the smallest children that may find the steep slopes overly challenging. The rocky beach counts among the most attractive beaches in Lempäälä.

The stony path leading to the spit is by no means short of interesting natural sights: there is a lush stream, a smooth rock formed by the glaciers in the Ice Age, old trees, and a wide variety of birds.



Green Trail

Nature activity centre, conference room for 60 persons, a traditional Finnish ground sauna, a double sided lean-to cabin that accommodates 15 persons.

For more information and bookings: tel. +358 40 7600 172, info@vihreapolku.fi www.vihreapolku.com

The trail passes through woods in different stages of growth and clear-cut areas. Here you can often spot elk tracks and droppings.

You will recognise the marks that an elk has left behind from the rough marks on broken branches as elks tear them off. A hare, on the other hand, cuts branches using its teeth, leaving a cleaner mark.

The bushy small-leaved lime is a common sight in the grove-like depressions in the area.



South of the city of Tampere, the nearby Koukkurahka swamp is the largest raised bog in the region. The diversity of the bog's nature and its rugged beauty are well worth a visit to the area. Near the path you can see a large boulder called Evertin kivi, Evertti's rock.



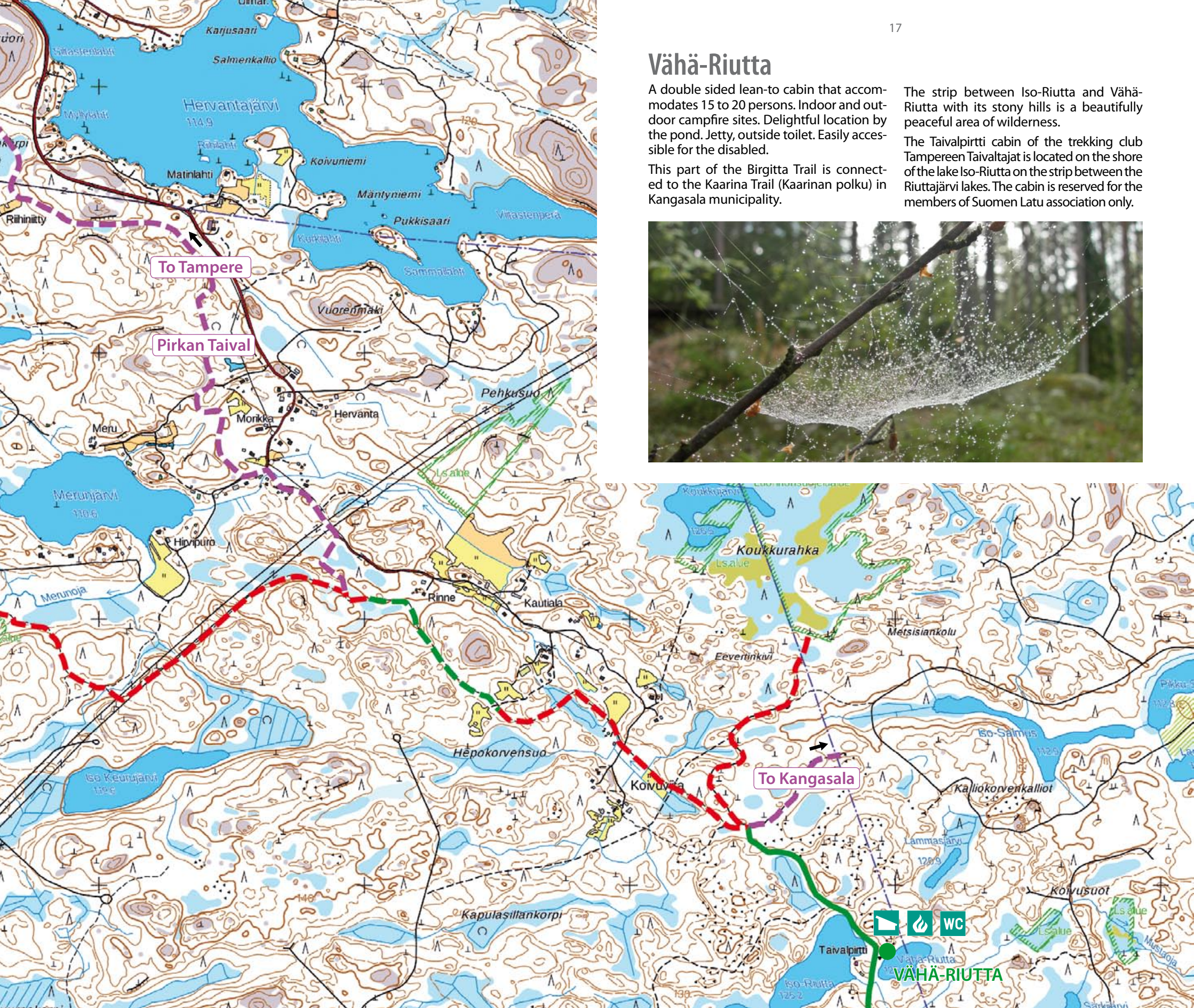
Vähä-Riutta

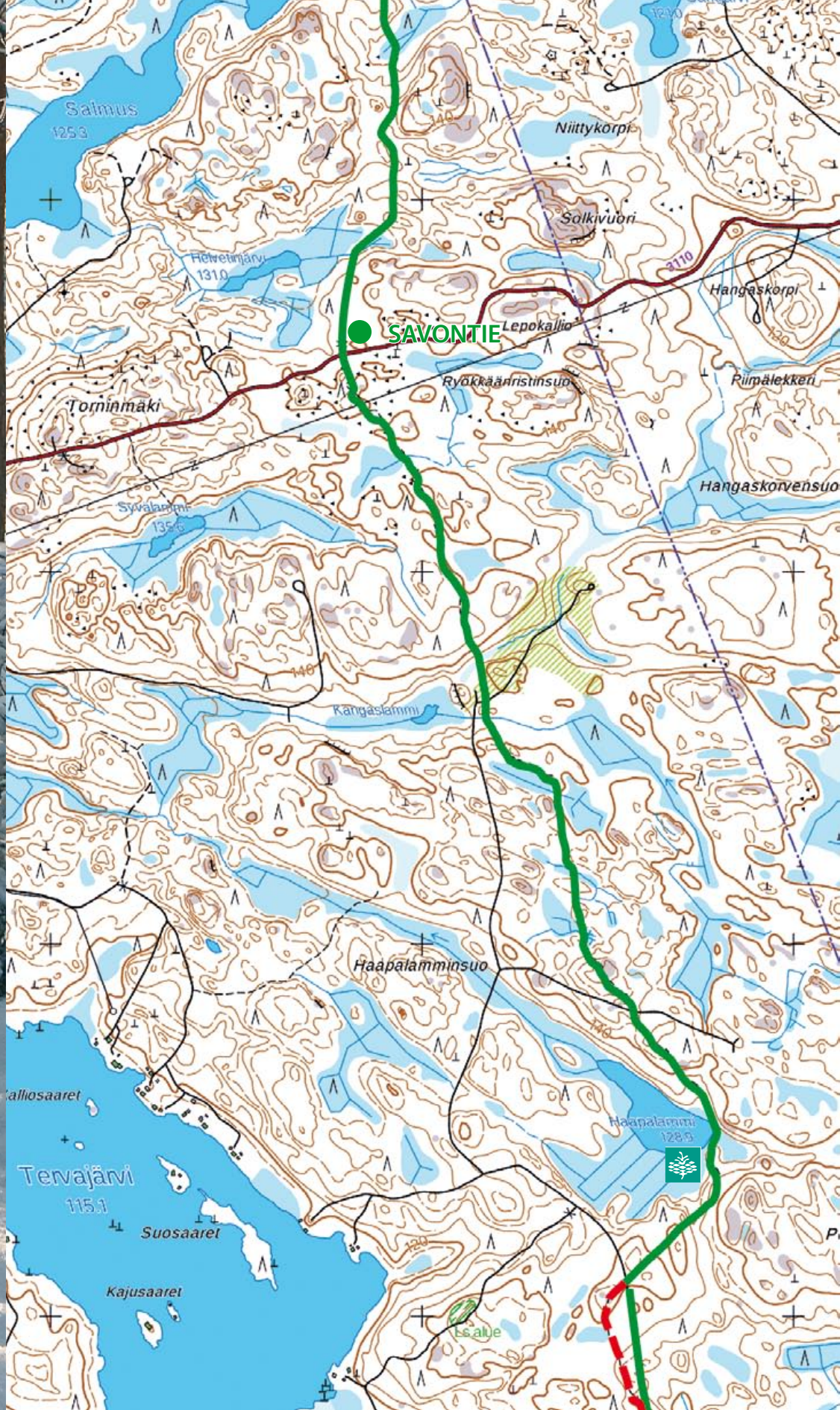
A double sided lean-to cabin that accommodates 15 to 20 persons. Indoor and outdoor campfire sites. Delightful location by the pond. Jetty, outside toilet. Easily accessible for the disabled.

This part of the Birgitta Trail is connected to the Kaarina Trail (Kaarinan polku) in Kangasala municipality.

The strip between Iso-Riutta and Vähä-Riutta with its stony hills is a beautifully peaceful area of wilderness.

The Taivalpirtti cabin of the trekking club Tampereen Taivalajat is located on the shore of the lake Iso-Riutta on the strip between the Riuttajärvi lakes. The cabin is reserved for the members of Suomen Latu association only.





Vähä Kausjärvi

A dugout heated with a wood stove for 14 persons. Ideal for families and the disabled.

An outside toilet, campfire site with firewood, and another separate campfire site on the beach by the road.

The protected Peräkulo primeval forest area is the home of owls and pine martens.



The Kynnärö laavu lean-to

The Kynnärö laavu lean-to is located by the beach. There is a campfire site with firewood and an outside toilet at the laavu.

Parts of the Toussunoja area between the lakes Kynnärö and Vähä Kausjärvi contain grove-like vegetation with some unique plants growing there. Modern forest management aims at preserving such unique areas.

You will find information on the large boulders in Lempäälä on the information board (in Finnish) along the path near the lake Vähä Kausjärvi.



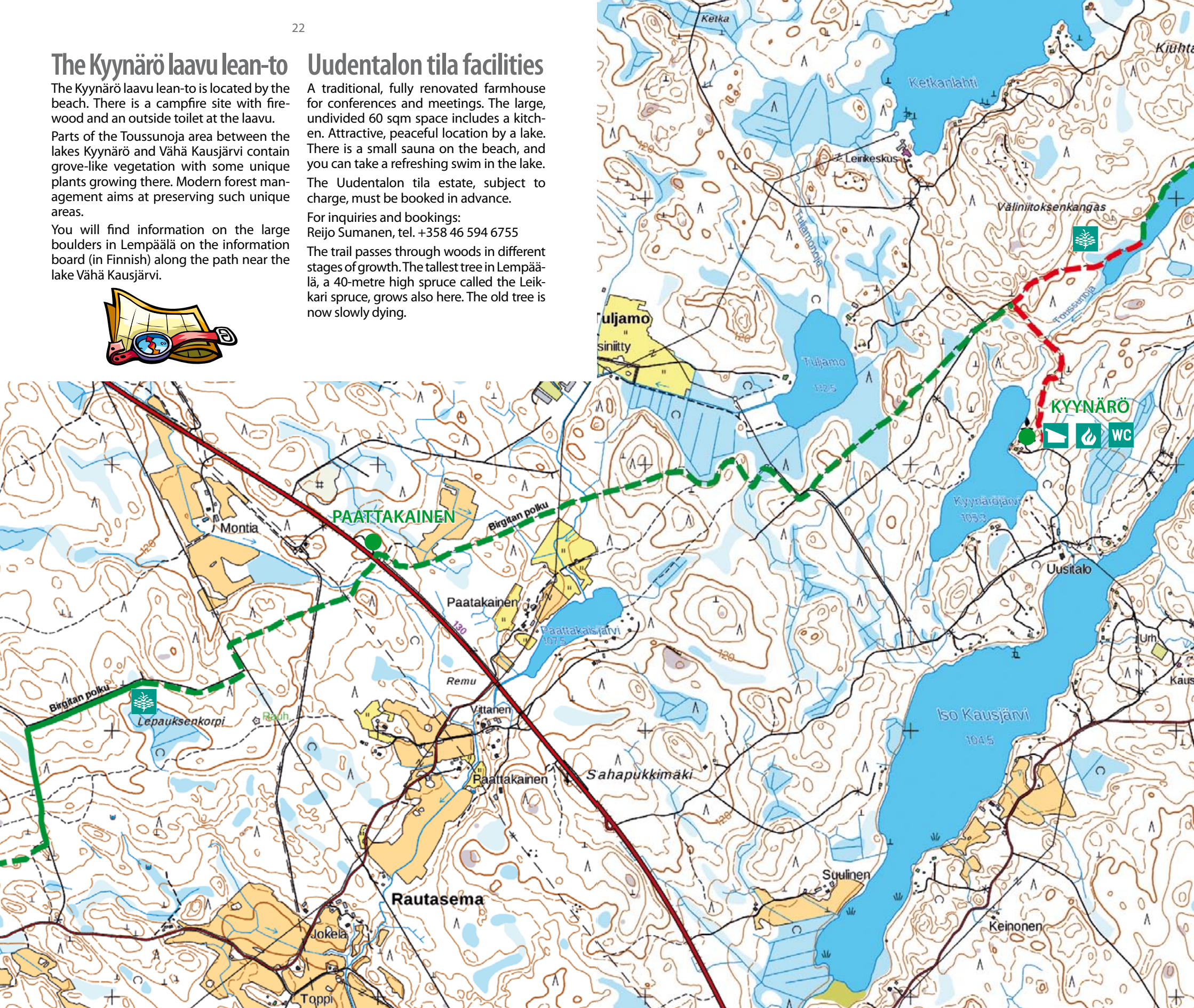
Uudentalon tila facilities

A traditional, fully renovated farmhouse for conferences and meetings. The large, undivided 60 sqm space includes a kitchen. Attractive, peaceful location by a lake. There is a small sauna on the beach, and you can take a refreshing swim in the lake.

The Uudentalon tila estate, subject to charge, must be booked in advance.

For inquiries and bookings:
Reijo Sumanen, tel. +358 46 594 6755

The trail passes through woods in different stages of growth. The tallest tree in Lempäälä, a 40-metre high spruce called the Leikari spruce, grows also here. The old tree is now slowly dying.



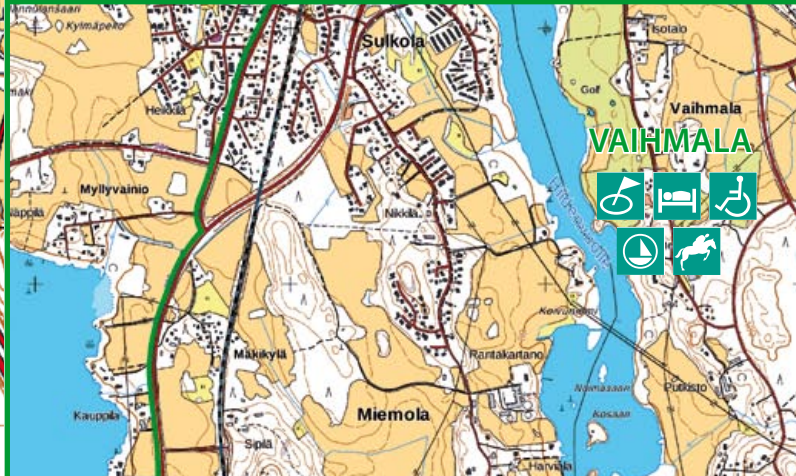
Sarvikas

Thanks to the small swamp areas, rocks, and the nearby swampy, alluvial lands Sarvikkaanlahti with its bordering cliffs, the area is a home to an interesting variety of species, especially birds.

The large fields to the south of the path used to be the bottom of the lakes Nääjärvi and Tervajärvi that have later been drained.

Near Hääkivi, "the wedding stone," the trail offers a beautiful view to Ahtialanjärvi with some of the best bird-watching opportunities in Pirkanmaa region. There is a road around the lake with signs to the bird tower on the eastern shore of the lake.

Nearly located the Kuokkalankoski rapids.
www.kuokkalankoski.net



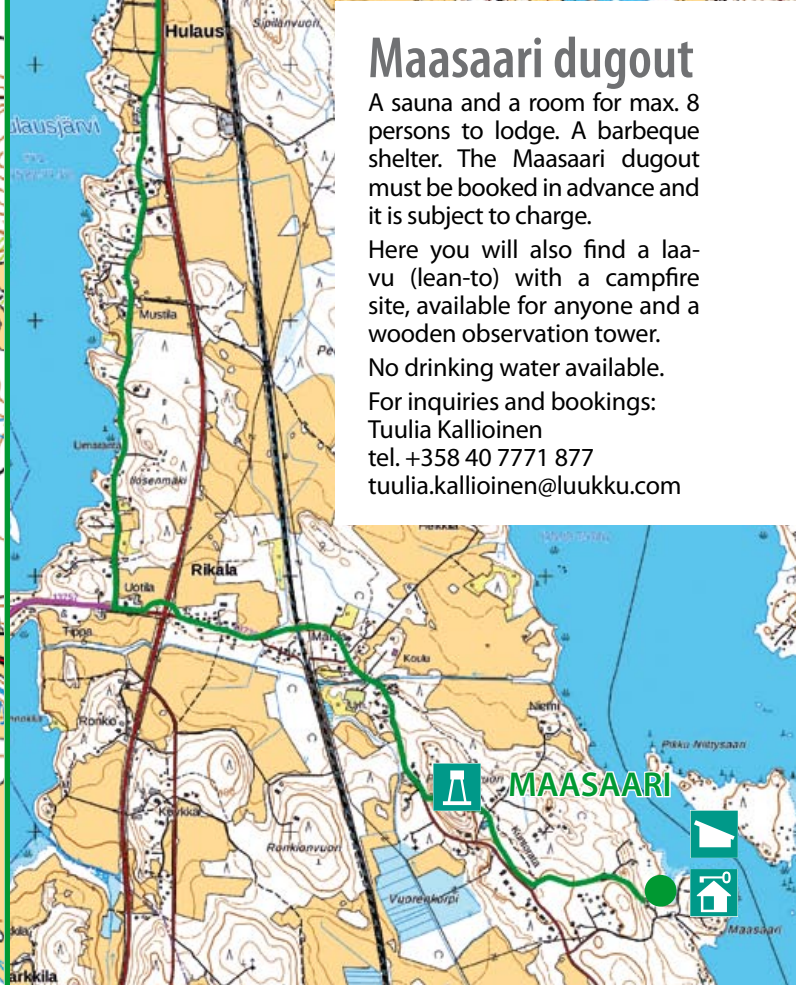
Maasaari dugout

A sauna and a room for max. 8 persons to lodge. A barbecue shelter. The Maasaari dugout must be booked in advance and it is subject to charge.

Here you will also find a laavu (lean-to) with a campfire site, available for anyone and a wooden observation tower.

No drinking water available.

For inquiries and bookings:
 Tuulia Kallioinen
 tel. +358 40 7771 877
tuulia.kallioinen@luukku.com





Lempäälän Kehitys Oy
(Lempää Development Ltd),
tourism
Realparkinkatu 4
37570 Lempää, Finland
matkailu@lempaala.fi
tel. +358 50 383 9068
www.visitlempaala.fi

Lempää Service Point
Tampereentie 8,
37500 Lempää, Finland
neuvonta@lempaala.fi
tel. +358 40 133 7300
www.lempaala.fi