Birgitta Trail

Natural beauty in Lempäälä



Trekking map for every hiker



The Birgitta Trail

is a 50km long trekking route in the municipality of Lempäälä. The route was officially opened in 1997, and it was selected the best trekking route in Finland in 2006. The route was named after the noble landmark of Lempäälä, the 500-year-old St Birgit Memorial Church of Lempäälä.

The Birgitta Trail offers wonderful opportunities for both a short stroll and longer hikes. You can choose both the starting point and the length of the hike according to your own preferences. There are attractive route options for families with small children as well as the most demanding hikers.

There are ample possibilities for taking a pause and making a campfire along the path, including huts and Finnish laavus, lean-tos, for overnight camping. The Birgitta Trail is located in private owned forests. The route offers a variety of stony and smooth paths, thick forest and clear-cut areas, as well as grassy areas and jogging paths covered in sawdust. Several duckboards and footbridges facilitate trekking in the moist areas of ground. The path is well signposted.

Guides and activities along the route:

Green Trail (Vihreä Polku)

Outings, treks, and canoeing trips at the Merunlahti nature activity centre. Summer theatre.

Koipitaipaleentie 150, Sääksjärvi, Finland tel. +358 40 760 0172 info@vihreapolku.fi www.vihreapolku.com

Piellokas Oy

Canoeing, rock climbing, rappelling and snowshoe hikes. Nature and adventure trips, cultural activities, geocaching and gold panning. Erkki Penttilä Tikinmaantie 65, 37630 Valkeakoski, Finland tel. +358 40 511 1294 info@piellokas.fi www.piellokas.fi

Fishing at Kuokkalankoski rapids

Information on fishing opportunities in and around Lempäälä. Kuokkalankoski rapids are the most popular fishing grounds in Pirkanmaa region.

Jesse Sumanen, tel. +358 40 256 2272 Mikko Kalavainen, tel. +358 40 530 8655 www.kuokkalankosket.fi



Welcome to hike on the Birgitta Trail!

The Birgitta Trail is over 20-years old trekking route that goes through the typical Finnish forest and nature. The Birgitta Trail offers good possibilities for taking a pause and making a campfire along the path, including huts and Finnish laavus, lean-tos for overnight camping. For making a campfire You may use firewood in the shed. Please keep environment clean and take the carbage that cannot be burnt along with you.

- Birgitta Trail is well signposted with yellow markings.
- No winter maintenance, but some of the tracks are prepaired for cross-country
- There is no water points on the trail, so we recommend taking bottles of tap water with you before setting off.
- You may use firewood in the sheds.
- Making fire is not allowed during forest fire warning.
- Please respect the nature and keep the environment clean!



Approximate distances

From Hakkari to Saarikonmäki	3.0 km
From Hakkari to Siisjärvi	3.3 km
From Siisjärvi to Ammejärvi	8.0 km
From Ammejärvi to Kaitajärvi	3.6 km
From Ammejärvi to Sääksjärvi	0.8 km
From Ammejärvi to Kirskaanniemi	7.6 km
From Kirskaanniemi to Soukonlahti	2.7 km
From Kirskaanniemi to Vähä-Riutta	7.7 km

Scale 1:30 000

From Vähä-Riutta to Vähä-Kausjärv	vi 5.2 km
From Vähä-Kausjärvi to Kyynärö	2.1 km
From Vähä-Kausjärvi to Paattakain	en 4.8 km
From Paattakainen to Sarvikas	4.5 km
From Sarvikas to Hääkivi	3.9 km

Distance end points have been marked in the folded map by symbols:







Myllyranta

Quay for guest boats, park and event area, ice cream kiosk and minigolf, Kirkkopolku 13.

Cafés and restaurants

Flemm's, restaurant Manttaalitie 15, tel. +358 44 980 4088 Bistro Kynsilaukka, Vaihmalan Hovi, Vaihmalantie 144, tel. +358 20 766 1810 Café Siiri,

Uotintie 5, tel. +358 50 550 7070 **Ratakiska**, cafe

Manttaalitie 15, tel. +358 40 098 0140 Mantunkulma Neste.

café and restaurant, Puistokatu 2, tel. +358 3 375 0010

Villihanhi, restaurant and tavern, Tampereentie 4, tel. +358 3 375 1441

Kotipizza Lempäälä, pizzeria and take away,

Himminpolku 1, tel. +358 3 375 2829 Lempäälä Pizza Kebab & Grill,

Tampereentie 19, tel. +358 50 464 2033 Pizzeria Kebab Palma,

Tampereentie 12, tel. +358 3 375 3829 Picasso Pizza & Kebab

Tampereentie 2, tel. +358 45 616 5110

Grocery stores

K-market Lähdetie, supermarket, Lähdetie 2, tel. +358 10 336 4410 K-market Lempäälä, supermarket, Tampereentie 18, tel. +358 10 336 4400 Lidl, grocery store, Liikekatu 3, tel. +358 800 05435 S-market Lempäälä, supermarket, Puistokatu 4, tel. +358 10 767 1410 Tokmanni, supermarket, Tampereentie 2, tel. +358 300 472 122 R-kioski, grocery kiosk,

Tampereentie 25, tel. +358 50 452 3110

Accommodation

Lempäälä Health Spa, traditional treatments and accommodation, Uotintie 10, tel. +358 3 282 3111



Vaihmalan Hovi, unique rooms, camper van area and quay for guest boats, Vaihmalantie 144, tel. +358 20 766 1810

Cottages and farm accommodation

There are plenty of cottages and farm accommodation options in Lempäälä located only few kilometres from Birgitta Trail. More information: www.visitlempaala.fi and tel. +358 50 383 9068

Mail and bank services

Post office, S-market, Puistokatu 4, tel. +358 10 767 1410 Aito Säästöpankki, Savings Bank, Himminpolku 1 OP TAMPERE,

Tampereentie 12, tel. +358 10 254 6011

Cashpoints

Puistokatu 4 and Tampereentie 18

Health centres

Lempäälä health clinic, Himminpolku 6, tel. +358 3 565 52 500

Lempäälän Lääkäriasema, private clinic, Tampereentie 12 B, tel. +358 50 470 5038

Emergency number 112

In actual emergencies, dial 112 as soon as possible. The same emergency number 112 works in all EU countries. You can call the emergency number 112 free of charge from any phone with no need for an area code. You can also call 112 from a foreign mobile phone connection. You still won't need an area code, just dial 112.



Make a detour to Ideapark shopping centre



Ideapark is one of the largest malls in Finland that reinvented the concept of a shopping centre. The city-like network of shops and restaurants under one roof provides unequalled opportunities for the whole family to have fun. The unique setting, international brands, restaurants, and services specifically targeted for children are easily reached by car or public transport.

Entertainment Center Ideapark

- Skidipark amusement area for kids

- Inhouse karting course

info@viihdekeskusideapark.fi

Karting: tel. +358 10 3844 841

Ideaparkinkatu 4

37570 Lempäälä

- 100 000 m² of ideas and experiences
- More than 150 shops and boutiques. restaurants, and cafés
- All under one roof, warm and cosy
- 1.2 km of shopping street
- Parking lot for more than 3000 cars
- Central Square that hosts a variety of events
- BestPark-camping area



Further information:

Ideapark Information info@ideapark.fi tel. +358 290 90 2014



Legend

Moderate Easy Canoeing route; by Katepal facilities, the canoe has to be carried over the dam I a class motorway, road number I b class road, single or dual-carriage II a and b class, double-lane road motor traffic area III a and b class, single-lane road Drive Trafficable path Railway, electrified non-electrified Power line, transformer, power pole Public, commercial, residential, and agricultural buildings Bell tower, monument Industrial buildings and warehouses Water tower, smokestack, mast Index contour (20 m) Supplemental contour (10 m and 5 m) Auxiliary contour (2.5 m) Boundary of a plot Arable land, garden Meadow, park Gravel pit, peat production area Quarry, boulder deposit, cobble deposit, bare sand Exposed bedrock, rock, tree, significant natural object, ancient relic Paludified area Marsh, easy to traverse: treeless, forested



Coniferous -, mixed - and deciduous forest, brush Shoreline Reliction Shallows, stones, rocks River, width over 5 m, rapids, dam

Marsh, difficult to traverse: treeless, forested

Brook or ditch, width 5 to 2 m

Brook or ditch, less than 5 m wide, spring

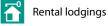
Scale 1:15 000

500 1000 meters



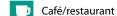
Laavu (lean-to)

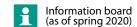


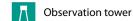






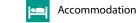
















Triangulation point, levelling benchmark

Geographical coordinates are in decimal degrees and the geodetic system is WGS-84.

Distance end points have been marked in the folded map by symbols:





In brochure maps 1 cm on the map equals 150 m on the ground.

Note: The folded map has a scale of 1:30 000 and 1 cm equals 300 m on the ground.

Maanmittauslaitos, 2017

Starting point: Hakkari sports hall

Hakkari sports hall

At the versatile Hakkari sports centre you will find a sports hall, gym, well-lit ski track, tennis courts, and an athletics field. The hall in the sports centre is also ideal for various types of events and trade fairs.

Ahertajantie 3, 37550 Lempäälä, Finland tel. +358 50 383 9626,

Lempäälän jäähalli Oy, Kiekkobussi Arena

The Lempäälä ice hall is located close to the Hakkari sports centre.

Urheilukatu 5, 37550 Lempäälä, Finland tel. +358 44 240 2165 lempaalanjaahalli@gmail.fi www.lempaalanjaahalli.fi

Kuokkala cultural venue

Museums

Several charming little museums such as the trade museum and barber museum offer nostalgia to those interested in history. The museums are open in the summer.

Tel. (during opening times) +358 50 477 3102 Inquiries can also be directed to talvikki.torppa@lempaala.fi, tel. +358 50 383 9613.





Villa Hakkari

A gastronomic oasis, the manor restaurant Villa Hakkari is only a stone's throw away from the museums. Open on request only. Kuokkalantie 5, 37550 Lempäälä, Finland tel. +358 10 325 3091 ravintola@villahakkari.fi

Arboretum

The arboretum in the parks surrounding Villa Hakkari is a delightful place for the whole family to visit.

Open-air theatre

In the summer, there is an open-air theatre at the Kuokkala cultural venue. Check the show times in the event calendar at www.lempaala.fi or on the Lempäälän Nuorisoseura youth association site at www.nuorisoseura.fi.

Other services

Neste Lempäälä Kuokkala service station Scan Burger and Cafe

A filling station about a kilometre from the the Birgitta Trail starting area. In addition to fuel, you can also restock on groceries for the trek. Pirkkalantie 2, 37550 Lempäälä, Finland tel. +358 3 375 2402

Koskikellujat

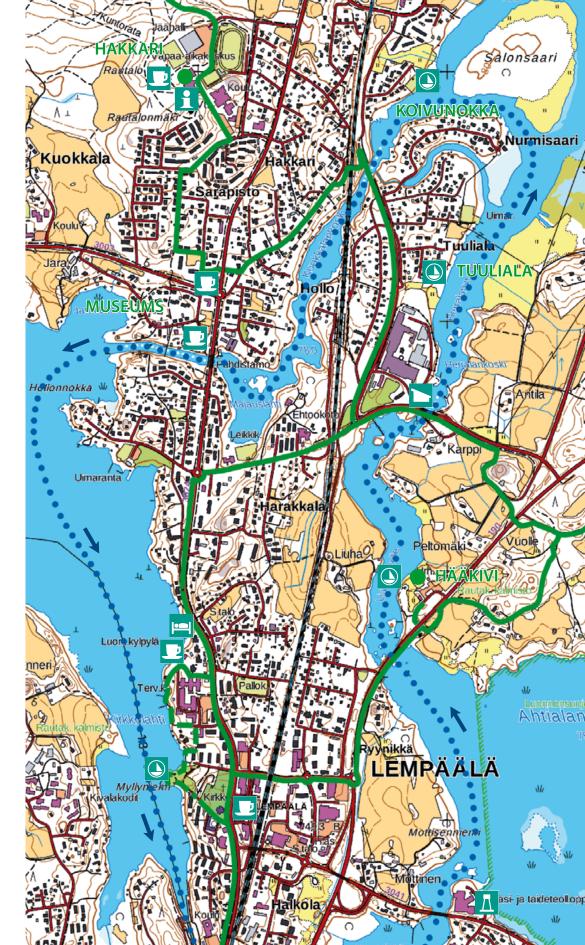
Floating on the foams of the Kuokkalankoski rapids. Taxi boat services and other water activities are also available.

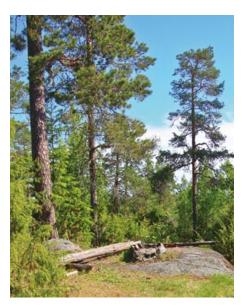
tel. +358 40 717 1412 koskikellujat@koskikellujat.fi www.koskikellujat.fi

Grocery stores

Sale Hakkari Pirkkalantie 1 tel. +358 10 767 2200

K-Market Vanattara Vanattarantie 2 tel. +358 20 700 4610





Important information on laavus and campfire sites

Laavus are available for anyone to use. They cannot be booked in advance unless stated otherwise in the destination specific information. There are also a few lodgings along the Birgitta Trail that can be booked in advance. These are subject to charge. No maintenance during winter time.

There is no toilet paper in the outside toilets. Remember to bring your own!

There is no drinking water available along the trail. Please, take enough water with you.

You can ensure that you and other hikers enjoy your nature adventure by following these instructions:

- Please take the carbage that cannot be burnt along with you.
- Remember to clean up after yourself.
- Use the provided firewood.
- Do not cut trees or branches for firewood.
- Only make a fire on the designated campfire sites.
- When a forest fire warning is in force, do not make an open fire even on the designated campfire sites.
- Please note that you can only swim along the route at your own risk.
- Always follow the general instructions and regulations concerning acceptable conduct in the nature.

The Saarikonmäki lean-to

N61° 20.655' E23° 43.335

There is a campfire site with firewood and an outside toilet at the Saarikonmäki laavu. This leg of the route is ideal for families.

The road to Saarikonmäki is surrounded by the best hazel bushes in Lempäälä. Dozens of hazel bushes, large and small, grow among the spruces.

For different types of groups, such as small children or disabled, it is more comfortable to arrive at lean-to by car. Please note, that if you wish to do so, there is a closed gate on the forest road. You will need a key to open the gate, instructions for borrowing the key are below.

Key available during working days 8:30 am to 3:30 pm from Lempäälä House, Service Point Manttaalitie15 tel. +358 40 133 7300

Please make a reservation via phone by calling to the numbers above before collecting the key.

Inquiries regarding Birgitta Trail maintenance: tel. +358 50 383 9084.

Siisjärvi

N61° 22.069' E23° 43.486 hill N61° 21.852' E23° 43.038 fire place

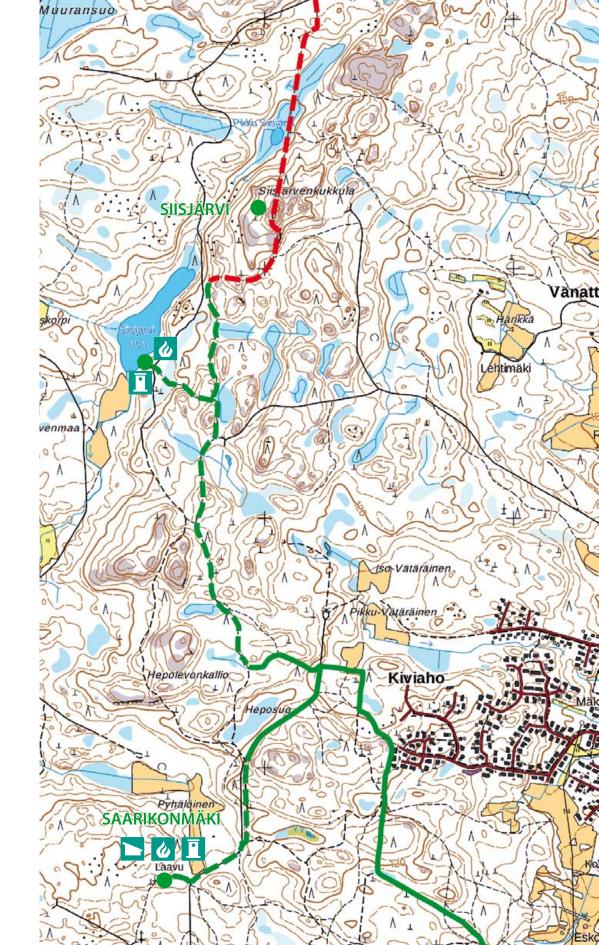
A wonderful vantage point to relax and enjoy the lovely view.

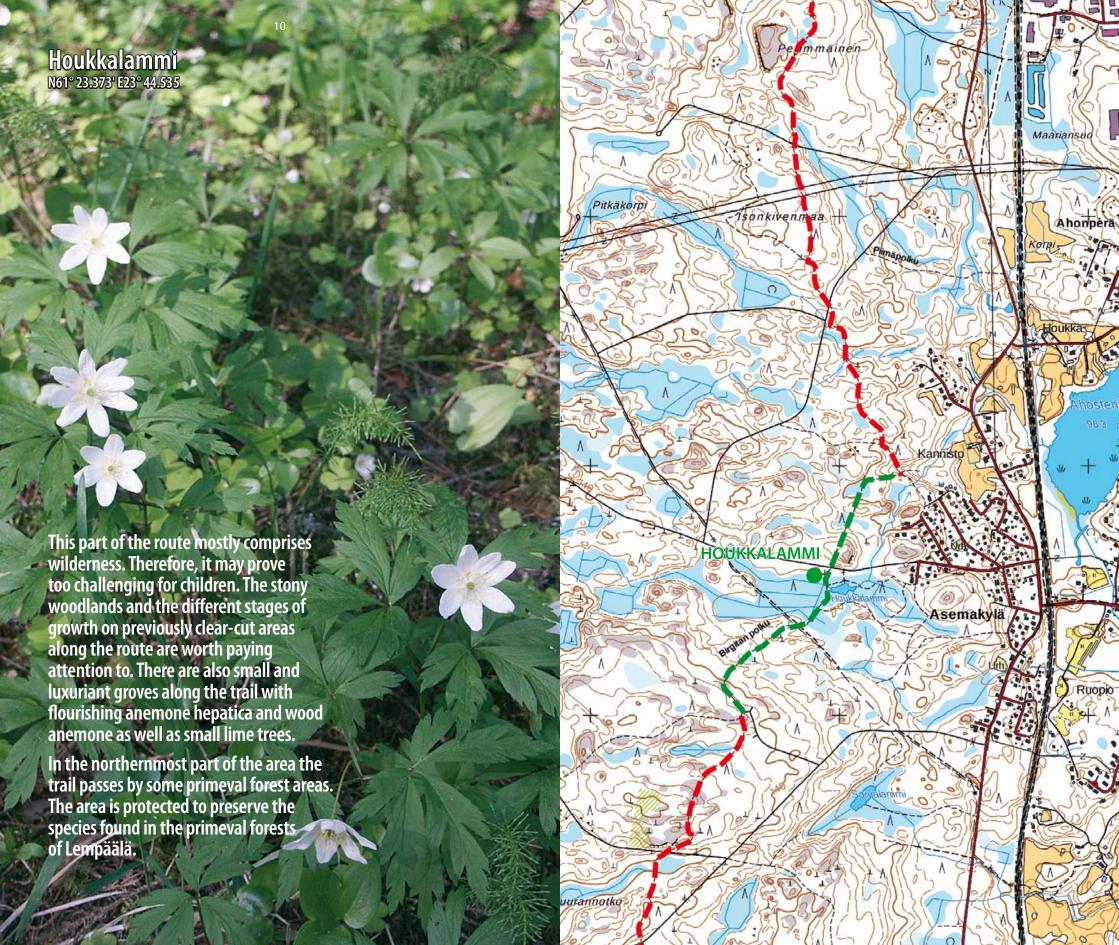
Due to high steep hills and varied terrain, the Siisjärvi area is not recommended for small children.

There is a campfire site for taking a break on the attractive shores of the lake Siisjärvi. The beautiful rock vegetation is very fragile. Please leave it intact for other hikers to admire as well!

In the northern parts of Lempäälä, the trail is often very stony. In many places, the rocks and boulders form large stony areas called "the Devil's fields" (pirunpellot).

There are a few small swamp areas along the route.







Kaitajärvi hut

N61° 24.768' E23° 41.558

A hut heated with a wood stove for about 12 people. Outside toilet, two campfire sites, and firewood. A jetty makes it easy to take a swim in the lake - providing, of course, that you can swim. It is very interesting to listen to and watch the variety of birds along the trail. However, please remember not to disturb the birds.

The Kaitajärvi hut is also ideal for families. Families are advised to start the trek by the railway bridge at Sääksjärvi, at the crossroads of Sääksjärventie and Kannistontie. There is a signpost that reads Ammejärvi 0,8 km, Höytämö 3,7 km there.

The path from Ammejärvi to Kaitajärvi is clearly signposted.



Ammejärvi

N61° 24.965′ E23° 44.086 lean-to

Destination is suitable for families and small children.

A laavu, outside toilet, and two campfire sites with firewood are located by the lake Ammejärvi.

There has recently been some harvesting in this area.

All the lakes along the trail in this area have developed in the same way in bedrock depressions.

Sääksjärvi area

This is the leg where you can restock on provisions and get other supplies. It is also a convenient area for families to start a trek. There is a parking lot reserved for hikers at the crossroads of Sääksjärventie and Kannistontie.

The following services are within easy reach of this leg:

Sääksjärven Apteekki pharmacy S-market business centre, Tampereentie 453, 33880 Lempäälä tel. +358 3 367 0480 Athletics field, lit ski track

S-market Sääksjärvi, grocery store, Lempäälä Tampereentie 453, 33880 Lempäälä tel. +358 10 76 71710

Sääksjärvi business centre Pitkäahteentie 1 33880 Lempäälä

Sääksjärvi library tel. +358 40 133 7395

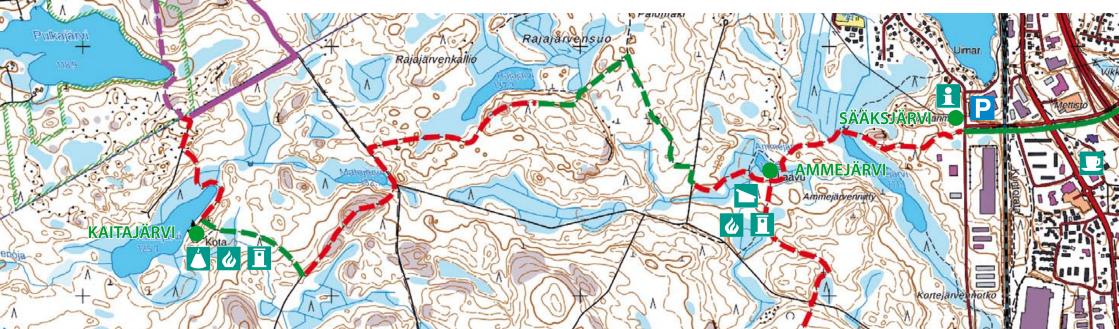
Sääksjärven Lounaskahvila tel. +358 3 410 230 38

Sääksjärven Pizza-kebab tel. +358 3 367 0711

Pub Sääksville tel. +358 10 420 6111

In the eastward direction, the trail goes around the Lehtivuori hill. The top of the hill was above the post-glacial sea level. Therefore, the vegetation on the top of the hill is exceptionally lush. In the forest on the south face of the hill you will find an extraordinary formation called the Cave of Hirvi-Simuna, named after a local hunter.

There has recently been some harvesting in this area.



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Kirskaanniemi

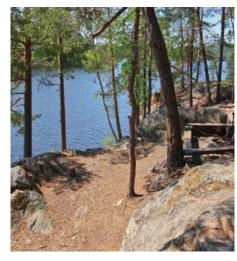
N61° 25.035' E23° 48.662

N61° 25.172′ E23° 49.344 parking area

A wonderful vantage point to admire possibly the most beautiful lake scenery you will encounter along the trail. A laavu, four campfire sites with firewood, two table and bench groups, and two outside toilets.

A popular place for fishing and swimming, this is also suitable for families except for the smallest children that may find the steep slopes overly challenging. The rocky beach counts among the most attractive beaches in Lempäälä.





Green Trail

Nature activity centre, conference room for 60 persons, a traditional Finnish ground sauna, a double sided lean-to cabin that accommodates 15 persons. Summer theatre. For more information and bookings: tel. +358 40 7600 172, info@vihreapolku.fi www.vihreapolku.com

The trail passes through woods in different stages of growth and clear-cut areas. Here you can often spot elk tracks and droppings.

You will recognise the marks that an elk has left behind from the rough marks on broken branches as elks tear them off. A hare, on the other hand, cuts branches using its teeth, leaving a cleaner mark.

The bushy small-leaved lime is a common sight in the grove-like depressions in the area.





There are some logging areas nearby Merunlahti, and the route goes along road line.



